



THE PURSUIT CHALLENGE

Corona Virus Edition

This is a weird time for all of us, but it has the opportunity to be a unique time of spiritual growth and renewal too! We all acknowledge that busyness gets in the way of our relationship with God, and so many of us even think, “If I only had time to escape and focus on God for a while, that could change everything!” Well that is the opportunity we have! Use it well!

Daily Challenges

1. Do the **Reading Plan** that will be posted on our church Facebook page each day. Make sure to comment and share your thoughts! Not even Corona Virus can keep us from Christian community!
2. Spend time in **prayer** (see prayer guide)
3. **Worship** – listen to and sing worship songs to the Lord
4. Do something **selfless** for a family member

Going Deeper – choose at least one each day

1. Have one **intentional conversation** with a friend or family member (preferably someone who isn't a committed believer).
 - Example: this could be as simple as telling them about the reading plan you are doing and what God has taught you through it. Invite them to join you in doing the plan!
2. **Memorize a verse** that you could use when sharing the gospel with someone.
3. Spend time in **nature**...just sit in God's presence and be still. Let it remind you how incredible God is!
4. **Encourage another believer** in some way. Let them know how you see God working in their life.
5. **Read a book of the Bible** in one sitting (probably a short one)
 - Ephesians, Colossians, Philippians, 1&2 Peter, James, Galatians, 1, 2, 3 John
6. Listen to a **sermon online**. Here are some recommendations:
 - <https://www.youtube.com/watch?v=pBhqrtMqrv8>
 - <https://www.youtube.com/watch?v=o6-V9uPK4oY>
 - <https://www.youtube.com/watch?v=ZmKqD2FIFds>
7. Read a **Christian book**
 - We have several in the church office. Feel free to come pick one up from the church or we can have them delivered to your home.
8. **12 hour fast**
 - **Food Fast:** We fast to acknowledge that God sustains us even more than food. You will feel hungry! But when you do, take that as an opportunity to turn toward God in prayer, worship, or spending time in the Word.
 - **Technology Fast:** Any time you feel tempted to pick up your phone or watch TV, turn to God in prayer, worship, or spending time in the Word.

Prayer Guide – P.R.A.Y.

This acronym can help guide your prayer when you're not sure what to say.

P – Praise (Before we ask God for anything, it's important to simply acknowledge His power, goodness, and the fact that He is worthy of your worship and devotion.)

R – Repent (Acknowledge the disobedience in your life, especially recent or ongoing sin. Remember this can be doing things you know God forbids, but it can also be walking away from daily ministry or other opportunities you have to live as an ambassador for God.)

A – Ask (Pray for yourself and others', physical and spiritual needs. God listens to our prayers and literally changes the course of history when He answers them. Take this time seriously and pray with sincerity and faith that God will answer!)

Examples:

- That God would protect us from this disease
- Sheldon and the Kirbow family
- That the Holy Spirit would move through our church
- Anyone God has placed on your heart
- That God would transform you into His image
- That God would make Himself known to people you know who don't know Him
- That God would use you to lead people closer to Him
- Christians around the world who are suffering and being persecuted

Y – Yield (This part is so important. This is a time where you sit in silence and ask God to lead you today. Remember, this day belongs to God. Ask Him to allow you to be in His will and then simply live in obedience day by day.)