

Day 31
Ephesians 1

Journal and/or do discussion questions.

- 1) In verses 13 and 14, we see that all believers are given the gift of the Holy Spirit. How is the Holy Spirit central to your walk with God?
- 2) In verses 18-20, Paul prays that these believers would understand the power that we have in Christ. He says we have the same power in us that God used to raise Christ from the dead. When you do ministry, or think about ministry you're capable of, what power are you depending on? Your power or the power of the Holy Spirit?
- 3) In verses 22-23, Paul says that Jesus is the head of the church and the church is his body, the fullness of Him. This is a powerful statement and a weighty responsibility for the church. What part are you playing in being the body of Christ?

Day 32
Ephesians 2

Journal and/or do discussion questions.

- 1) Verses 1-10 is an explanation of the gospel. There's nothing more important than Christians being familiar with this. Spend time journaling about how this passage is the story of your life.
- 2) Now read verses 4-5. In verse 4, why did God choose to save us from this death we deserved? Reflect and thank God for this amazing truth!
- 3) Verses 19-22 explain that all Christians together make up God's temple (dwelling place). Reflect on what it would mean to live a life worthy of being a part of God's temple.

Day 33
Ephesians 3

Journal and/or do discussion questions.

- 1) In verse 7, Paul calls himself a "servant of the gospel." Do you see yourself as a servant of the gospel? What needs to change in order for this to be true for your life?
- 2) Verse 17-19 say that God desires more for us than believing the right things. He wants us to know/experience the love of God. Can your daily relationship with God be described as deeper than knowledge? Do you experience God and His love?
- 3) Read Paul's prayer for the Ephesians in verses 14-19. Pray this for our church. Allow specific people to come to your mind.

Day 34
Ephesians 4

Journal and/or do discussion questions.

- 1) In verse 1, Paul urges them to live a life worthy of the calling they received. He gives examples of what this means in verses 2-3. Write down one of those areas in which you need to improve, and actively look for an opportunity to do that well today.
- 2) In verses 22-24, Paul talks about what it means to put off our old self and to put on the new self. Take a minute to journal about the difference between your old self and your new self in Christ. What area in your life needs to be made new?
- 3) How can you build someone up today like Paul describes in verse 29? Instead of journaling, call someone with the sole intent to build them up.

Day 35
Ephesians 5

Journal and/or do discussion questions.

- 1) The strong wording in verse 5 can be scary to read for anyone struggling with these sins. However, Paul isn't talking about people who have been transformed by God but still struggle in moments of weakness. He is referring to people who have not been transformed by God and are just living in unrepentant, habitual sin. What does this tell us about the importance of turning from our sinful ways and allowing God to transform us? Is there any unrepentant sin you need to turn away from?
- 2) Verses 8-13 explain the huge contrast between a life of light and a life of darkness. It says that a life of light exposes the darkness and leads people to the light. Does this describe your life?
- 3) In a culture where family relationships were often cold, distant, and even oppressive, the Bible commands Christian families to submit to each other and for those in power to love the way Jesus loves us (verses 21-33). What does this type of love look like? How can you obey Paul's command in the way you interact with your family?